## Chapter 7

## The Finite Element Method and Lax-Milgram's Theorem

This section presents the finite element method, including adaptive approximation and error estimates, together with the basic theory for elliptic partial differential equations. The motivation to introduce finite element methods is the computational simplicity and efficiency for construction of stable higher order discretizations for elliptic and parabolic differential equations, such as the Black and Scholes equation, including general boundary conditions and domains. Finite element methods require somewhat more work per degree of freedom as compared to finite difference methods on a uniform mesh. On the other hand, construction of higher order finite difference approximations including general boundary conditions or general domains is troublesome.

In one space dimension such an elliptic problem can, for given functions $a, f, r:(0,1) \rightarrow \mathbf{R}$, take the form of the following equation for $u:[0,1] \rightarrow \mathbf{R}$,

$$
\begin{array}{ll}
\left(-a u^{\prime}\right)^{\prime}+r u=f & \text { on }(0,1)  \tag{7.1}\\
u(x)=0 & \text { for } x=0, x=1
\end{array}
$$

where $a>0$ and $r \geq 0$. The basic existence and uniqueness result for general elliptic differential equations is based on Lax-Milgram's Theorem, which we will describe in section 7.3 . We shall see that its stability properties, based on so called energy estimates, is automatically satisfied for finite element methods in contrast to finite difference methods.

Our goal, for a given tolerence TOL, is to find an approximation $u_{h}$ of (7.1) satisfying

$$
\left\|u-u_{h}\right\| \leq \mathrm{TOL},
$$

using few degrees of freedoom by adaptive finite element approximation. Adaptive methods are based on:
(1) an automatic mesh generator,
(2) a numerical method ( e.g. the finite element method),
(3) a refinement criteria (e.g. a posteriori error estimation), and
(4) a solution algorithm ( e.g. the multigrid method).

### 7.1 The Finite Element Method

A derivation of the finite element method can be divided into:
(1) variational formulation in an infinite dimensional space $V$,
(2) variational formulation in a finite dimensional subspace, $V_{h} \subset V$,
(3) choice of a basis for $V_{h}$, and
(4) solution of the discrete system of equations.

Step 1. Variational formulation in an infinite dimensional space, $V$. Consider the following Hilbert space,

$$
V=\left\{v:(0,1) \rightarrow \mathbf{R}: \int_{0}^{1}\left(v^{2}(x)+\left(v^{\prime}(x)\right)^{2}\right) d x<\infty, v(0)=v(1)=0\right\} .
$$

Multiply equation (7.1) by $v \in V$ and integrate by parts to get

$$
\begin{align*}
\int_{0}^{1} f v d x & =\int_{0}^{1}\left(\left(-a u^{\prime}\right)^{\prime}+r u\right) v d x \\
& =\left[-a u^{\prime} v\right]_{0}^{1}+\int_{0}^{1}\left(a u^{\prime} v^{\prime}+r u v\right) d x  \tag{7.2}\\
& =\int_{0}^{1}\left(a u^{\prime} v^{\prime}+r u v\right) d x
\end{align*}
$$

Therefore the variational formulation of (7.1) is to find $u \in V$ such that

$$
\begin{equation*}
A(u, v)=L(v) \quad \forall v \in V, \tag{7.3}
\end{equation*}
$$

where

$$
\begin{aligned}
A(u, v) & =\int_{0}^{1}\left(a u^{\prime} v^{\prime}+r u v\right) d x \\
L(v) & =\int_{0}^{1} f v d x
\end{aligned}
$$

Remark 7.1 The integration by parts in (7.2) shows that a smooth solution of equation (7.1) satisfies the variational formulation (7.3). For a solution of the variational formulation (7.3) to also be a solution of the equation (7.1), we need additional conditions on the regularity of the functions $a, r$ and $f$ so that $u^{\prime \prime}$ is continuous. Then the following integration by parts yields, as in (7.2),

$$
0=\int_{0}^{1}\left(a u^{\prime} v^{\prime}+r u v-f v\right) d x=\int_{0}^{1}\left(-\left(a u^{\prime}\right)^{\prime}+r u-f\right) v d x
$$

Since this holds for all $v \in V$, it implies that

$$
-\left(a u^{\prime}\right)^{\prime}+r u-f=0,
$$

provided $-\left(a u^{\prime}\right)^{\prime}+r u-f$ is continuous.

Step 2. Variational formulation in the finite dimensional subspace, $V_{h}$.
First divide the interval $(0,1)$ into $0=x_{0}<x_{2}<\ldots<x_{N+1}=1$, i.e. generate the mesh. Then define the space of continuous piecewise linear functions on the mesh with zero boundary conditions
$V_{h}=\left\{v \in V:\left.v(x)\right|_{\left(x_{i}, x_{i+1}\right)}=c_{i} x+d_{i}\right.$, i.e. $v$ is linear on $\left(x_{i}, x_{i+1}\right), i=0, \cdots, N$ and $v$ is continuous on $(0,1)\}$.

The variational formulation in the finite dimensional subspace is to find $u_{h} \in$ $V_{h}$ such that

$$
\begin{equation*}
A\left(u_{h}, v\right)=L(v) \quad \forall v \in V_{h} . \tag{7.4}
\end{equation*}
$$

The function $u_{h}$ is a finite element solution of the equation (7.1). Other finite element solutions are obtained from alternative finite dimensional subspaces, e.g. based on piecewise quadratic approximation.

Step 3. Choose a basis for $V_{h}$.
Let us introduce the basis functions $\phi_{i} \in V_{h}$, for $i=1, \ldots, N$, defined by

$$
\phi_{i}\left(x_{j}\right)= \begin{cases}1 & \text { if } i=j  \tag{7.5}\\ 0 & \text { if } i \neq j .\end{cases}
$$

A function $v \in V_{h}$ has the representation

$$
v(x)=\sum_{i=1}^{N} v_{i} \phi_{i}(x),
$$

where $v_{i}=v\left(x_{i}\right)$, i.e. each $v \in V_{h}$ can be written in a unique way as a linear combination of the basis functions $\phi_{i}$.

Step 4. Solve the discrete problem (7.4).
Using the basis functions $\phi_{i}$, for $i=1, \ldots, N$ from Step 3, we have

$$
u_{h}(x)=\sum_{i=1}^{N} \xi_{i} \phi_{i}(x)
$$

where $\xi=\left(\xi_{1}, \ldots, \xi_{N}\right)^{T} \in \mathbf{R}^{N}$, and choosing $v=\phi_{j}$ in (7.4), we obtain

$$
\begin{aligned}
L\left(\phi_{j}\right) & =A\left(u_{h}, \phi_{j}\right) \\
& =A\left(\sum_{i} \phi_{i} \xi_{i}, \phi_{j}\right)=\sum_{i} \xi_{i} A\left(\phi_{i}, \phi_{j}\right)
\end{aligned}
$$

so that $\xi \in \mathbf{R}^{N}$ solves the linear system

$$
\begin{equation*}
\tilde{A} \xi=\tilde{L} \tag{7.6}
\end{equation*}
$$

where

$$
\begin{aligned}
\tilde{A}_{j i} & =A\left(\phi_{i}, \phi_{j}\right) \\
\tilde{L}_{j} & =L\left(\phi_{j}\right) .
\end{aligned}
$$

The $N \times N$ matrix $\tilde{A}$ is called the stiffness matrix and the vector $\tilde{L} \in \mathbf{R}^{N}$ is called the load vector.

Example 5.1 Consider the following two dimensional problem,

$$
\begin{align*}
-\operatorname{div}(k \nabla u)+r u & =f \quad \text { in } \Omega \subset \mathbb{R}^{2}  \tag{7.7}\\
u & =g_{1} \quad \text { on } \Gamma_{1} \\
\frac{\partial u}{\partial n} & =g_{2} \quad \text { on } \Gamma_{2},
\end{align*}
$$

where $\partial \Omega=\Gamma=\Gamma_{1} \cup \Gamma_{2}$ and $\Gamma_{1} \cap \Gamma_{2}=\emptyset$. The variational formulation has the following form.

1. Variational formulation in the infinite dimensional space.

Let

$$
V_{g}=\left\{v(x): \int_{\Omega}\left(v^{2}(x)+|\nabla v(x)|^{2}\right) d x<\infty,\left.v\right|_{\Gamma_{1}}=g\right\} .
$$

Take a function $v \in V_{0}$, i.e. $v=0$ on $\Gamma_{1}$, then by (7.7)

$$
\begin{aligned}
\int_{\Omega} f v d x & =-\int_{\Omega} \operatorname{div}(k \nabla u) v d x+\int_{\Omega} r u v d x \\
& =\int_{\Omega} k \nabla u \cdot \nabla v d x-\int_{\Gamma_{1}} k \frac{\partial u}{\partial n} v d s-\int_{\Gamma_{2}} k \frac{\partial u}{\partial n} v d s+\int_{\Omega} r u v d x \\
& =\int_{\Omega} k \nabla u \cdot \nabla v d x-\int_{\Gamma_{2}} k g_{2} v d s+\int_{\Omega} r u v d x
\end{aligned}
$$

The variational formulation for the model problem (7.7) is to find $u \in V_{g_{1}}$ such that

$$
\begin{equation*}
A(u, v)=L(v) \quad \forall v \in V_{0} \tag{7.8}
\end{equation*}
$$

where

$$
\begin{aligned}
A(u, v) & =\int_{\Omega}(k \nabla u \cdot \nabla v+r u v) d x \\
L(v) & =\int_{\Omega} f v d x+\int_{\Gamma_{2}} k g_{2} v d s
\end{aligned}
$$

2. Variational formulation in the finite dimensional space.

Assume for simplicity that $\Omega$ is a polygonial domain which can be divided into a triangular mesh $T_{h}=\left\{K_{1}, \ldots K_{N}\right\}$ of non overlapping triangles $K_{i}$ and let $h=\max _{i}$ (length of longest side of $K_{i}$ ). Assume also that the boundary
function $g_{1}$ is continuous and that its restriction to each edge $K_{i} \cap \Gamma_{1}$ is a linear function. Define

$$
\begin{aligned}
V_{0}^{h} & =\left\{v \in V_{0}:\left.v\right|_{K_{i}} \text { is linear } \forall K_{i} \in T_{h}, v \text { is continuous on } \Omega\right\}, \\
V_{g_{1}}^{h} & =\left\{v \in V_{g_{1}}:\left.v\right|_{K_{i}} \text { is linear } \forall K_{i} \in T_{h}, v \text { is continuous on } \Omega\right\},
\end{aligned}
$$

and the finite element method is to find $u_{h} \in V_{g_{1}}^{h}$ such that

$$
\begin{equation*}
A\left(u_{h}, v\right)=L(v), \quad \forall v \in V_{0}^{h} \tag{7.9}
\end{equation*}
$$

3. Choose a basis for $V_{0}^{h}$.

As in the one dimensional problem, choose the basis $\phi_{j} \in V_{0}^{h}$ such that

$$
\phi_{j}\left(x_{i}\right)=\left\{\begin{array}{ll}
1 & i=j \\
0 & i \neq j
\end{array} \quad j=1,2, \ldots, N\right.
$$

where $x_{i}, i=1, \ldots, N$, are the vertices of the triangulation.
4. Solve the discrete system.

Let

$$
u_{h}(x)=\sum_{i=1}^{N} \xi_{i} \phi_{i}(x), \quad \text { and } \quad \xi_{i}=u_{h}\left(x_{i}\right) .
$$

Then (7.9) can be written in matrix form,

$$
\tilde{A} \xi=\tilde{L}, \quad \text { where } \quad \tilde{A}_{j i}=A\left(\phi_{i}, \phi_{j}\right) \text { and } \quad \tilde{L}_{j}=L\left(\phi_{j}\right) .
$$

### 7.2 Error Estimates and Adaptivity

We shall now study a priori and a posteriori error estimates for finite element methods, where

$$
\begin{aligned}
& \left\|u-u_{h}\right\| \leq E_{1}(h, u, f) \text { is an a priori error estimate, } \\
& \left\|u-u_{h}\right\| \leq E_{2}\left(h, u_{h}, f\right) \text { is an a posteriori error estimate. }
\end{aligned}
$$

Before we start, let us study the following theorem, which we will prove later,

Theorem 7.2 (Lax-Milgram) Let $V$ be a Hilbert space with norm $\|\cdot\|_{V}$ and scalar product $(\cdot, \cdot)_{V}$ and assume that $A$ is a bilinear functional and $L$ is a linear functional that satisfy:
(1) $A$ is symmetric, i.e. $A(v, w)=A(w, v) \quad \forall v, w \in V$;
(2) $A$ is $V$-elliptic, i.e. $\exists \alpha>0$ such that $A(v, v) \geq \alpha\|v\|_{V}^{2} \quad \forall v \in V$;
(3) $A$ is continuous, i.e. $\exists C \in \mathbb{R}$ such that $|A(v, w)| \leq C\|v\|_{V}\|w\|_{V}$; and
(4) $L$ is continuous, i.e. $\exists \Lambda \in \mathbb{R}$ such that $|L(v)| \leq \Lambda\|v\|_{V} \quad \forall v \in V$.

Then there is a unique function $u \in V$ such that $A(u, v)=L(v) \quad \forall v \in V$, and the stability estimate $\|u\|_{V} \leq \Lambda / \alpha$ holds.

### 7.2.1 An A Priori Error Estimate

The approximation property of the space $V_{h}$ can be characterized by
Lemma 7.3 Suppose $V_{h}$ is the piecewise linear finite element space (7.4), which discretizes the functions in $V$, defined on $(0,1)$, with the interpolant $\pi: V \rightarrow V_{h}$ defined by

$$
\begin{equation*}
\pi v(x)=\sum_{i=1}^{N} v\left(x_{i}\right) \phi_{i}(x) \tag{7.10}
\end{equation*}
$$

where $\left\{\phi_{i}\right\}$ is the basis (7.5) of $V_{h}$. Then

$$
\begin{align*}
\left\|(v-\pi v)^{\prime}\right\|_{L^{2}(0,1)} & \leq \sqrt{\int_{0}^{1} h^{2} v^{\prime \prime}(x)^{2} d x} \leq C h  \tag{7.11}\\
\|v-\pi v\|_{L^{2}(0,1)} & \leq \sqrt{\int_{0}^{1} h^{4} v^{\prime \prime}(x)^{2} d x} \leq C h^{2}
\end{align*}
$$

where $h=\max _{i}\left(x_{i+1}-x_{i}\right)$.

Proof. Take $v \in V$ and consider first (7.11) on an interval ( $x_{i}, x_{i+1}$ ). By the mean value theorem, there is for each $x \in\left(x_{i}, x_{i+1}\right)$ a $\xi \in\left(x_{i}, x_{i+1}\right)$ such that $v^{\prime}(\xi)=(\pi v)^{\prime}(x)$. Therefore

$$
v^{\prime}(x)-(\pi v)^{\prime}(x)=v^{\prime}(x)-v^{\prime}(\xi)=\int_{\xi}^{x} v^{\prime \prime}(s) d s
$$

so that

$$
\begin{align*}
\int_{x_{i}}^{x_{i+1}}\left|v^{\prime}(x)-(\pi v)^{\prime}(x)\right|^{2} d x & =\int_{x_{i}}^{x_{i+1}}\left(\int_{\xi}^{x} v^{\prime \prime}(s) d s\right)^{2} d x \\
& \leq \int_{x_{i}}^{x_{i+1}}|x-\xi| \int_{\xi}^{x}\left(v^{\prime \prime}(s)\right)^{2} d s d x \\
& \leq h^{2} \int_{x_{i}}^{x_{i+1}}\left(v^{\prime \prime}(s)\right)^{2} d s, \tag{7.12}
\end{align*}
$$

which after summation of the intervals proves (7.11).
Next, we have

$$
v(x)-\pi v(x)=\int_{x_{i}}^{x}(v-\pi v)^{\prime}(s) d s,
$$

so by (7.12)

$$
\begin{aligned}
\int_{x_{i}}^{x_{i+1}}|v(x)-\pi v(x)|^{2} d x & =\int_{x_{i}}^{x_{i+1}}\left(\int_{x_{i}}^{x}(v-\pi v)^{\prime}(s) d s\right)^{2} d x \\
& \leq \int_{x_{i}}^{x_{i+1}}\left|x-x_{i}\right| \int_{x_{i}}^{x}\left((v-\pi v)^{\prime}\right)^{2}(s) d s d x \\
& \leq h^{4} \int_{x_{i}}^{x_{i+1}}\left(v^{\prime \prime}(s)\right)^{2} d s
\end{aligned}
$$

which after summation of the intervals proves the lemma.
Our derivation of the a priori error estimate

$$
\left\|u-u_{h}\right\|_{V} \leq C h,
$$

where $u$ and $u_{h}$ satisfy (7.3) and (7.4), respectivly, uses Lemma 7.3 and a combination of the following four steps:
(1) error representation based on the ellipticity

$$
\alpha \int_{\Omega}\left(v^{2}(x)+\left(v^{\prime}(x)\right)^{2}\right) d x \leq A(v, v)=\int_{\Omega}\left(a\left(v^{\prime}\right)^{2}+r v^{2}\right) d x
$$

where $\alpha=\inf f_{x \in(0,1)}(a(x), r(x))>0$,
(2) the orthogonality

$$
A\left(u-u_{h}, v\right)=0 \quad \forall v \in V_{h},
$$

obtained by $V_{h} \subset V$ and subtraction of the two equations

$$
\begin{aligned}
A(u, v) & =L(v) \quad \forall v \in V \\
A\left(u_{h}, v\right) & =L(v) \quad \forall v \in V_{h}
\end{aligned} \quad \text { by }(7.3), ~(7.4), ~ \$
$$

(3) the continuity

$$
|A(v, w)| \leq C\|v\|_{V}\|w\|_{V} \quad \forall v, w \in V,
$$

where $C \leq \sup _{x \in(0,1)}(a(x), r(x))$, and
(4) the interpolation estimates

$$
\begin{align*}
\left\|(v-\pi v)^{\prime}\right\|_{L^{2}} & \leq C h  \tag{7.13}\\
\|v v\|_{L^{2}} & \leq C h^{2}
\end{align*}
$$

where $h=\max \left(x_{i+1}-x_{i}\right)$.
To start the proof of an a priori estimate let $e \equiv u-u_{h}$. Then by Cauchy's inequality

$$
\begin{aligned}
A(e, e) & =A\left(e, u-\pi u+\pi u-u_{h}\right) \\
& =A(e, u-\pi u)+A\left(e, \pi u-u_{h}\right) \\
& \stackrel{\text { Step } 2}{=} A(e, u-\pi u) \\
& \leq \sqrt{A(e, e)} \sqrt{A(u-\pi u, u-\pi u)},
\end{aligned}
$$

so that by division of $\sqrt{A(e, e)}$,

$$
\begin{aligned}
\sqrt{A(e, e)} & \leq \sqrt{A(u-\pi u, u-\pi u)} \\
& \stackrel{\text { Step3 }}{=} C\|u-\pi u\|_{V} \\
& \equiv C \sqrt{\|u-\pi u\|_{L^{2}}^{2}+\left\|(u-\pi u)^{\prime}\right\|_{L^{2}}^{2}} \\
& \stackrel{\text { Step4 }}{\leq} C h .
\end{aligned}
$$

Therefore, by Step 1

$$
\alpha\|e\|_{V}^{2} \leq A(e, e) \leq C h^{2}
$$

which implies the a priori estimate

$$
\|e\|_{V} \leq C h
$$

where $C=K(u)$.

### 7.2.2 An A Posteriori Error Estimate

Example 7.4 Consider the model problem (7.1), namely,

$$
\left\{\begin{array}{l}
-\left(a u^{\prime}\right)^{\prime}+r u=f \quad \text { in } \quad(0,1), \\
u(0)=u(1)=0 .
\end{array}\right.
$$

Then

$$
\begin{align*}
\sqrt{A\left(u-u_{h}, u-u_{h}\right)} & \leq C\left\|a^{-\frac{1}{2}}\left(f-r u_{h}+a^{\prime} u_{h}^{\prime}\right) h\right\|_{L^{2}} \\
& \equiv E\left(h, u_{h}, f\right) . \tag{7.14}
\end{align*}
$$

Proof. Let $e=u-u_{h}$ and let $\pi e \in V_{h}$ be the nodal interpolant of e. We have

$$
\begin{aligned}
A(e, e) & =A(e, e-\pi e) \quad \text { (by orthogonality) } \\
& =A(u, e-\pi e)-A\left(u_{h}, e-\pi e\right)
\end{aligned}
$$

Using the notation $(f, v) \equiv \int_{0}^{1} f v d x$, we obtain by integration by parts

$$
\begin{aligned}
A(e, e) & =(f, e-\pi e)-\sum_{i=1}^{N} \int_{x_{i}}^{x_{i+1}}\left(a u_{h}^{\prime}(e-\pi e)^{\prime}+r u_{h}(e-\pi e)\right) d x \\
& =\left(f-r u_{h}, e-\pi e\right)-\sum_{i=1}^{N}\left\{\left[a u_{h}^{\prime}(e-\pi e)\right]_{x_{i}}^{x_{i+1}}-\int_{x_{i}}^{x_{i+1}}\left(a u_{h}^{\prime}\right)^{\prime}(e-\pi e) d x\right\} \\
& =\left(f-r u_{h}+a^{\prime} u_{h}^{\prime}, e-\pi e\right) \quad\left(\text { since } u_{h}^{\prime \prime} \mid\left(x_{i}, x_{i+1}\right)=0,(e-\pi e)\left(x_{i}\right)=0\right) \\
& \leq\left\|a^{-\frac{1}{2}} h\left(f-r u_{h}+a^{\prime} u_{h}^{\prime}\right)\right\|_{L^{2}}\left\|a^{\frac{1}{2}} h^{-1}(e-\pi e)\right\|_{L^{2}} .
\end{aligned}
$$

Lemma 7.5 implies

$$
\sqrt{A(e, e)} \leq C\left\|a^{-\frac{1}{2}} h\left(f-r u_{h}+a^{\prime} u_{h}^{\prime}\right)\right\|_{L^{2}}
$$

which also shows that

$$
\|e\|_{V} \leq C h,
$$

where $C=K^{\prime}\left(u_{h}\right)$.
Lemma 7.5 There is a constant $C$, independent of $u$ and $u_{h}$, such that,

$$
\left\|a^{\frac{1}{2}} h^{-1}(e-\pi e)\right\|_{L^{2}} \leq C \sqrt{\int_{0}^{1} a e^{\prime} e^{\prime} d x} \leq C \sqrt{A(e, e)}
$$

Exercise 7.6 Use the interpolation estimates in Lemma 7.3 to prove Lemma 7.5.

### 7.2.3 An Adaptive Algorithm

We formulate an adaptive algorithm based on the a posteriori error estimate (7.14) as follows:
(1) Choose an initial coarse mesh $T_{h_{0}}$ with mesh size $h_{0}$.
(2) Compute the corresponding FEM solution $u_{h_{i}}$ in $V_{h_{i}}$.
(3) Given a computed solution $u_{h_{i}}$ in $V_{h_{i}}$, with the mesh size $h_{i}$,

$$
\begin{array}{ll}
\text { stop } & \text { if } E\left(h_{i}, u_{h_{i}}, f\right) \leq T O L \\
\text { go to step 4 } & \text { if } E\left(h_{i}, u_{h_{i}}, f\right)>T O L .
\end{array}
$$

(4) Determine a new mesh $T_{h_{i+1}}$ with mesh size $h_{i+1}$ such that

$$
E\left(h_{i+1}, u_{h_{i}}, f\right) \cong T O L,
$$

by letting the error contribution for all elements be approximately constant, i.e.

$$
\left\|a^{-\frac{1}{2}} h\left(f-r u_{h}-a^{\prime} u_{h}^{\prime}\right)\right\|_{L^{2}\left(x_{i}, x_{i+1}\right)} \cong C, \quad i=1, \ldots, N
$$

then go to Step 2.

### 7.3 Lax-Milgram's Theorem

Theorem 7.7 Suppose $A$ is symmetric, i.e. $A(u, v)=A(v, u) \quad \forall u, v \in V$, then (Variational problem) $\Longleftrightarrow$ (Minimization problem) with
(Var) Find $u \in V$ such that $A(u, v)=L(v) \quad \forall v \in V$,
(Min) Find $u \in V$ such that $F(u) \leq F(v) \quad \forall v \in V$,
where

$$
F(w) \equiv \frac{1}{2} A(w, w)-L(w) \quad \forall w \in V
$$

Proof. Take $\epsilon \in \mathbb{R}$. Then

$$
\begin{aligned}
(\Rightarrow) \quad F(u & +\epsilon w)=\frac{1}{2} A(u+\epsilon w, u+\epsilon w)-L(u+\epsilon w) \\
& =\left(\frac{1}{2} A(u, u)-L(u)\right)+\epsilon A(u, w)-\epsilon L(w)+\frac{1}{2} \epsilon^{2} A(w, w) \\
& \geq\left(\frac{1}{2} A(u, u)-L(u)\right) \quad\left(\text { since } \frac{1}{2} \epsilon^{2} A(w, w) \geq 0 \text { and } A(u, w)=L(w)\right) \\
& =F(u) .
\end{aligned}
$$

$(\Leftarrow) \quad$ Let $g(\epsilon)=F(u+\epsilon w)$, where $g: \mathbf{R} \rightarrow \mathbf{R}$. Then

$$
0=g^{\prime}(0)=0 \cdot A(w, w)+A(u, w)-L(w)=A(u, w)-L(w) .
$$

Therefore

$$
A(u, w)=L(w) \quad \forall w \in V .
$$

Theorem 7.8 (Lax-Milgram) Let $V$ be a Hilbert space with norm $\|\cdot\|_{V}$ and scalar product $(\cdot, \cdot)_{V}$ and assume that $A$ is a bilinear functional and $L$ is a linear functional that satisfy:
(1) $A$ is symmetric, i.e. $A(v, w)=A(w, v) \quad \forall v, w \in V$;
(2) $A$ is $V$-elliptic, i.e. $\exists \alpha>0$ such that $A(v, v) \geq \alpha\|v\|_{V}^{2} \quad \forall v \in V$;
(3) $A$ is continuous, i.e. $\exists C \in \mathbb{R}$ such that $|A(v, w)| \leq C\|v\|_{V}\|w\|_{V}$; and
(4) L is continuous, i.e. $\exists \Lambda \in \mathbb{R}$ such that $|L(v)| \leq \Lambda\|v\|_{V} \quad \forall v \in V$.

Then there is a unique function $u \in V$ such that $A(u, v)=L(v) \quad \forall v \in V$, and the stability estimate $\|u\|_{V} \leq \Lambda / \alpha$ holds.

Proof. The goal is to construct $u \in V$ solving the minimization problem $F(u) \leq F(v)$ for all $v \in V$, which by the previous theorem is equivalent to the variational problem. The energy norm, $\|v\|^{2} \equiv A(v, v)$, is equivalent to the norm of V , since by Condition 2 and 3 ,

$$
\alpha\|v\|_{V}^{2} \leq A(v, v)=\|v\|^{2} \leq C\|v\|_{V}^{2} .
$$

Let

$$
\begin{equation*}
\beta=i n f_{v \in V} F(v) . \tag{7.15}
\end{equation*}
$$

Then $\beta \in \mathbf{R}$, since

$$
F(v)=\frac{1}{2}\|v\|^{2}-L(v) \geq \frac{1}{2}\|v\|^{2}-\Lambda\|v\| \geq-\frac{\Lambda^{2}}{2} .
$$

We want to find a solution to the minimization problem $\min _{v \in V} F(v)$. It is therefore natural to study a minimizing sequence $v_{i}$, such that

$$
\begin{equation*}
F\left(v_{i}\right) \rightarrow \beta=\inf _{v \in V} F(v) . \tag{7.16}
\end{equation*}
$$

The next step is to conclude that the $v_{i}$ infact converge to a limit:

$$
\begin{aligned}
\left\|\frac{v_{i}-v_{j}}{2}\right\|^{2}= & \frac{1}{2}\left\|v_{i}\right\|^{2}+\frac{1}{2}\left\|v_{j}\right\|^{2}-\left\|\frac{v_{i}+v_{j}}{2}\right\|^{2} \quad(\text { by the parallelogram law ) } \\
= & \frac{1}{2}\left\|v_{i}\right\|^{2}-L\left(v_{i}\right)+\frac{1}{2}\left\|v_{j}\right\|^{2}-L\left(v_{j}\right) \\
& -\left(\left\|\frac{v_{i}+v_{j}}{2}\right\|^{2}-2 L\left(\frac{v_{i}+v_{j}}{2}\right)\right) \\
= & F\left(v_{i}\right)+F\left(v_{j}\right)-2 F\left(\frac{v_{i}+v_{j}}{2}\right) \\
\leq & F\left(v_{i}\right)+F\left(v_{j}\right)-2 \beta \quad(\text { by }(7.15)) \\
\rightarrow & 0, \quad(\text { by }(7.16)) .
\end{aligned}
$$

Hence $\left\{v_{i}\right\}$ is a Cauchy sequence in $V$ and since V is a Hilbert space (in particular V is a complete space) we have $v_{i} \rightarrow u \in V$.

Finally $F(u)=\beta$, since

$$
\begin{aligned}
\left|F\left(v_{i}\right)-F(u)\right| & =\left|\frac{1}{2}\left(\left\|v_{i}\right\|^{2}-\|u\|^{2}\right)-L\left(v_{i}-u\right)\right| \\
& =\left|\frac{1}{2} A\left(v_{i}-u, v_{i}+u\right)-L\left(v_{i}-u\right)\right| \\
& \leq\left(\frac{C}{2}\left\|v_{i}+u\right\|_{V}+\Lambda\right)\left\|v_{i}-u\right\|_{V} \\
& \rightarrow 0
\end{aligned}
$$

Therefore there exists a unique (why?) function $u \in V$ such that $F(u) \leq$ $F(v) \quad \forall v \in V$. To verify the stability estimate, take $v=u$ in (Var) and use the ellipcity (1) and continuity (3) to obtain

$$
\alpha\|u\|_{V}^{2} \leq A(u, u)=L(u) \leq \Lambda\|u\|_{V}
$$

so that

$$
\|u\|_{V} \leq \frac{\Lambda}{\alpha}
$$

The uniqueness of $u$ can also be verified from the stability estimate. If $u_{1}, u_{2}$ are two solutions of the variational problem we have $A\left(u_{1}-u_{2}, v\right)=0$ for all $v \in V$. Therefore the stability estimate implies $\left\|u_{1}-u_{2}\right\|_{V}=0$, i.e. $u_{1}=u_{2}$ and consequently the solution is unique.

Example 7.9 Determine conditions for the functions $k, r$ and $f: \Omega \rightarrow \mathbb{R}$ such that the assumptions in the Lax-Milgram theorem are satisfied for the following elliptic partial differential equation in $\Omega \subset \mathbf{R}^{2}$

$$
\begin{aligned}
-\operatorname{div}(k \nabla u)+r u & =f \quad \text { in } \Omega \\
u & =0
\end{aligned} \quad \text { on } \partial \Omega .
$$

Solution. This problem satisfies (Var) with

$$
V=\left\{v: \int_{\Omega}\left(v^{2}(x)+|\nabla v(x)|^{2}\right) d x<\infty, \text { and }\left.v\right|_{\partial \Omega}=0\right\}
$$

$$
\begin{aligned}
A(u, v) & =\int_{\Omega}(k \nabla u \nabla v+r u v) d x \\
L(v) & =\int_{\Omega} f v d x \\
\|v\|_{V}^{2} & =\int_{\Omega}\left(v^{2}(x)+|\nabla v|^{2}\right) d x
\end{aligned}
$$

Consequently $V$ is a Hilbert space and $A$ is symmetric and continuous provided $k$ and $r$ are uniformly bounded.

The ellipticity follows by

$$
\begin{aligned}
A(v, v) & =\int_{\Omega}\left(k|\nabla v|^{2}+r v^{2}\right) d x \\
& \geq \alpha \int_{\Omega}\left(v^{2}(x)+|\nabla v|^{2}\right) d x \\
& =\alpha\|v\|_{H^{1}}^{2}
\end{aligned}
$$

provided $\alpha=\inf _{x \in \Omega}(k(x), r(x))>0$.
The continuity of $A$ is a consequence of

$$
\begin{aligned}
A(v, w) & \leq \max \left(\|k\|_{L^{\infty}},\|r\|_{L^{\infty}}\right) \int_{\Omega}(|\nabla v\|\nabla w|+|v \| w|) d x \\
& \leq \max \left(\|k\|_{L^{\infty}},\|r\|_{L^{\infty}}\right)\|v\|_{H^{1}}\|w\|_{H^{1}},
\end{aligned}
$$

provided $\max \left(\|k\|_{L^{\infty}},\|r\|_{L^{\infty}}\right)=C<\infty$.
Finally, the functional $L$ is continuous, since

$$
|L(v)| \leq\|f\|_{L^{2}}\|v\|_{L^{2}} \leq\|f\|_{L^{2}}\|v\|_{V},
$$

which means that we may take $\Lambda=\|f\|_{L^{2}}$ provided we assume that $f \in$ $L^{2}(\Omega)$. Therefore the problem satisfies the Lax-Milgram theorem.

Example 7.10 Verify that the assumption of the Lax-Milgram theorem are satisfied for the following problem,

$$
\begin{aligned}
&-\Delta u=f \quad \text { in } \Omega \\
& u=0 \\
& \text { on } \partial \Omega .
\end{aligned}
$$

Solution. This problem satisfies (Var) with

$$
\begin{aligned}
V=H_{0}^{1}= & \left\{v \in H^{1}:\left.v\right|_{\partial \Omega}=0\right\} \\
H^{1}= & \left\{v: \int_{\Omega}\left(v^{2}(x)+|\nabla v(x)|^{2}\right) d x<\infty\right\} \\
& A(u, v)=\int_{\Omega} \nabla u \nabla v d x \\
& L(v)=\int_{\Omega} f v d x .
\end{aligned}
$$

To verify the V-ellipticity, we use the Poincaré inequality, i.e. there is a constant $C$ such that

$$
\begin{equation*}
v \in H_{0}^{1} \Rightarrow \int_{\Omega} v^{2} d x \leq C \int_{\Omega}|\nabla u|^{2} d x . \tag{7.17}
\end{equation*}
$$

In one dimension and $\Omega=(0,1)$, the inequality (7.17) takes the form

$$
\begin{equation*}
\int_{0}^{1} v^{2}(x) d x \leq \int_{0}^{1}\left(v^{\prime}(x)\right)^{2} d x \tag{7.18}
\end{equation*}
$$

provided $v(0)=0$. Since

$$
v(x)=v(0)+\int_{0}^{x} v^{\prime}(s) d s=\int_{0}^{x} v^{\prime}(s) d s
$$

and by Cauchy's inequality

$$
\begin{aligned}
v^{2}(x)=\left(\int_{0}^{x} v^{\prime}(s) d s\right)^{2} & \leq x \int_{0}^{x} v^{\prime}(s)^{2} d s \\
& \leq \int_{0}^{1} v^{\prime}(s)^{2} d s \quad \text { since } x \in(0,1)
\end{aligned}
$$

The V-ellipticity of A follows by (7.18) and

$$
\begin{aligned}
A(v, v)=\int_{0}^{1} v^{\prime}(x)^{2} d x & =\frac{1}{2} \int_{0}^{1}\left(\left(v^{\prime}(x)\right)^{2} d x+\frac{1}{2}\left(v^{\prime}(x)\right)^{2}\right) d x \\
& \geq \frac{1}{2} \int_{0}^{1}\left(v^{\prime}(x)^{2}+v(x)^{2}\right) d x \\
& =\frac{1}{2}\|v\|_{H_{0}^{1}}^{2} \quad \forall v \in H_{0}^{1} .
\end{aligned}
$$

The other conditions can be proved similarly as in the previous example. Therefore this problem satisfies the Lax-Milgram theorem.

